

World Gourmet Summit 2007 Grand Copthorne Waterfront Hotel Singapore

23 April 2007 / 9.30am to 2.30pm

THIN CRÊPES CANNOLO WITH EXOTIC FRUITS RASPBERRY COULIS

Presented by Ezio Gritti

Crêpes Cannolo 50gms Plain Flour 1tbsp Caster Sugar 1 Whole Egg, Lightly Beaten 100ml Fresh Milk 2tbsp Orange Juice Butter, for Pan-Frying
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100ml Fresh Milk 2tbsp Orange Juice
2tbsp Orange Juice
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Butter, for Pan-Frying
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Icing Sugar, for Dusting
Vanilla Sauce, for Serving
Exotic Fresh Fruits
30gms Unsalted Butter
To Taste Caster Sugar
100gms Mango, Peeled and Diced
100gms Papaya, Peeled and Diced
100gms Kiwi, Peeled and Diced
100gms Pineapple, Peeled and Diced
50ml Cointreau
Raspberry Coulis
300gms Raspberry Pureé
To Taste Sugar Syrup



Recipe Notes:			

Method for Cooking:

1. For the Exotic Fruits:

Melt unsalted butter in a frying pan. Add sugar and prepared fruits and sauté until caramelised. Flame with cointreau and set aside.

2. For the Crêpes Cannolo:

Place flour and caster sugar in a bowl and make a well in the centre and add beaten egg. Gradually add in the liquid ingredients in a thin stream and whisk vigorously until the batter is smooth. Heat a knob of butter in a frying pan until foamy; then pour in a small ladle of batter in the centre of the pan. Tilt the pan to cover the entire base and cook for 1 minute on both sides. Remove crêpes with a palette knife and transfer to an even work surface. Add caramelised fruits onto the centre of the crêpe and roll tightly into a cylindrical shape.

3. For the Raspberry Coulis:

Mix well the raspberry pureé and sugar syrup in a bowl and then pass the sauce through a sieve.

4. To Serve:

Spoon the raspberry coulis onto each serving plate. Cut the crêpe into thick slices and place on top of the raspberry coulis and sprinkle with icing sugar. Serve with a vanilla sauce.