World Gourmet Summit 2006 Culinary Masterclass

Singapore Tourism Board, Auditorium

21 April 2006 / 11.00am to 12.30pm

OLIVE OIL RAVIOLI WITH CAULIFLOWER AND TROUT ROF

Presented by: Masterchef Paco Roncero

Serves 4 Ingredients

Olive Oil Pastry

8g Garrofin Gum E-410

8g Xantana Gum

100ml Virgin olive oil

50ml Water

1g Gelatine

Salt

Cauliflower Purée

1kg Cauliflower, cleaned and stemmed

20ml Cream

20g Butter

10g Salt

Garnish

50g Trout roe

1 Fennel flower, for garnishing



Method

- 1. Olive Oil Pastry: Dilute Xantana and Garrofin gum in a pot of the room temperature olive oil. Cook on low heat, slowly adding water and salt to form a smooth mixture. Add gelatine. Season with salt. Stir mixture to a smooth consistency and spread thinly between two silicon papers. Cool in fridge for at least 1 hour before use.
- Cauliflower Purée: Clean the cauliflower and remove all stems. Put the cauliflower in a pot
 of cold water and bring to a boil. Lower heat and cook for 45 minutes. Drain and dry on a
 tray. Purée in a blender until smooth, adding cream and butter as needed. Season with salt,
 keep hot until serving.

To Serve:

Cut the olive oil pastry into squares of 5 cm by 5 cm. Spoon cauliflower puree into the middle and seal the corners over to close the ravioli. Heat in grill and finish with the trout roe and fennel flower.