World Gourmet Summit 2003 Culinary Masterclasses

The Cuisine of Hiroishi Ishii

Pan Pacific Singapore

Rolled Burrock Eel With Green Tea Sauce



Serves 4
Ingredients

<u>Eel :</u>

4 pcs eel, grilled 900ml soya bean oil

Batter:

500g Japanese yam, steamed and mashed50g mountain yam, grated

50g shitake mushrooms

100g rice powder

1 egg

50g burrock

100g prawns, minced

50g sugar

5g salt

Green tea sauce:

700ml soup stock

5g green tea powder

starch

Method

For the batter: mix the yam, mushrooms, rice powder, egg, burrock, prawns, sugar and salt until smooth. Then coat the eel with this mixture and deep-fry.

For the sauce: Bring the soup stock to boil and add green tea powder. Add starch to thicken.