



BREAK THE ICE

The awesome frozen regions at the top and bottom of the world will never be tamed, but you can now visit them in surprising comfort. Here are some options:

PEREGRINE ADVENTURES' 10-night Scotland to Iceland cruise follows the path of the Vikings through the Orkney, Shetland and Faroe islands to Iceland. Departing Edinburgh 22 June. The same company's 12-night Iceland to Greenland cruise follows the two islands' spectacular coasts, with great opportunities for viewing wildlife, and hiking, camping and sea-kayaking options. Departing Reykjavik 2 July. Phone Peregrine for details on (03) 9663 8611.

ADVENTURE ASSOCIATES offers five Arctic itineraries of 15-17 days duration on the polar icebreaker *Kapitan Khlebnikov*, with wildlife encounters, calls on remote communities and helicopter landings in inaccessible areas. Departures from Anchorage, Ottawa or Oslo early July-late August. *Kapitan Khlebnikov* will also undertake three Antarctic expeditions ex-Hobart and one ex-Lyttelton, New Zealand, November 2001-February 2002. Phone (02) 9389 7466 or 1800 222 141, or visit the website at www.adventureassociates.com

AURORA EXPEDITIONS, an Australian-owned company, has nine Antarctic voyages scheduled between November 2001 and March 2002, with such options as camping, diving, climbing, sea-kayaking and retracing Shackleton's epic alpine crossing of South Georgia. Departures ex-Ushuaia and Puerto Madryn, Argentina. Most voyages are 11-12 days; the South Georgia voyages are 19-20 days. For more details, phone (02) 9252 1033 or 1800 637 688, fax (02) 9252 1373, or visit the website at www.auroraexpeditions.com.au

INCA TOURS SOUTH AMERICA is the Australian representative of Skorpios Sea Cruises, which operates the three-star *Skorpios I*, four-star *Skorpios II* and five-star *Skorpios III* for voyages down Chile's coast to the towering fjords and ice-fields of Patagonia, with small-boat expeditions among the spectacular icebergs. Departures September 2001-May 2002 for five-day *Skorpios I* voyage, seven-day *Skorpios II* voyage, or seven-day *Skorpios III* voyage from either Puerto Montt or Puerto Chacabuco, Chile. For more information, phone (02) 4351 2133 or 1800 024 955, or email sales@incatours.net

checkin

Where to go, when to go and what to do



nile-istic

Gecko's, the division of travel company Peregrine Adventures that runs fun, affordable trips for 18-45s, is offering two special 11-day Clean Up the Nile trips, which give participants a chance to "give something back". The price is substantially discounted, but, as you sail up the great river in a classic sailing felucca to visit sights such as the temples at Kom Ombo and Edfu, you are expected to don rubber gloves and lend a hand at cleaning up the rubbish – left behind by other travellers – at campsites on the banks and islands along the way. Departing Cairo 28 April and 12 May, 2001. Phone (03) 9663 8611, fax (03) 9663 8618, or visit the website at www.peregrine.net.au for more information.



Simon Griffiths

Singapore on a plate

Singapore is always food lovers' heaven, but if you can get there in April this year you'll find the entire city sizzling with the sights, sounds and aromas of wonderful dishes. The annual Singapore Food Festival (30 March-30 April) takes over the town with food stalls, cooking demonstrations and events from Lunch with the Lions or Tea with the Orang-utan at the zoo, to ace cooking grandmothers sharing their heritage recipes. The Festival will include the Fifth World Gourmet Summit (22-27 April) for serious cooks. For information on the Festival, visit the website at www.singaporefoodfestival.com To find out more about the World Gourmet Summit 2001, visit www.wgs2001.com